



Cornea - Arcus

The Following Information has been Prepared for You:

Arcus is a whitish ring that develops on the outer edge of the cornea. The cornea is a clear dome in front of the iris. When the white ring develops, it can block the view of the iris and cause the iris to appear to have faded or changed color.

A small amount of arcus typically develops in middle age or in the elderly. However, arcus that develops in early age or has an abnormally dense appearance can be associated with high blood cholesterol or triglycerides.

If you have been diagnosed with this abnormal form of arcus, you should see your primary care provider for a blood cholesterol and triglyceride check.

There is no treatment for arcus. Once it develops, it never goes away. Aside from cosmetic concerns, it does no direct harm to the ocular health or the vision. The most important thing is to make sure your cholesterol and triglycerides stay within normal range, since elevated levels can affect your overall health and put you at risk of high blood pressure, heart disease, fatty liver or stroke.

If you are concerned about the cosmetic appearance, colored contact lenses can camouflage arcus, while enhancing your natural eye color. If you are interested in colored contact lenses, please inform your doctor.

Please Rate the Information You Received

	☐ Very helpful - all questions are answered ☐ Somewhat helpful - I still have questions ☐ Not helpful – none of my questions were answered
Comments / Questions / Typos:	

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