



Eyelid Condition - Allergic Dermatitis

The Following Information has been Prepared for You:

Allergic Dermatitis is a skin condition that develops from direct contact with an irritating agent, such as make-up, lotions, sunscreen, nail polish, topical medications, detergents, fabrics, tissues, pets, molds, etc. It presents with moderate swelling, redness, crusting scabs, itching or burning. When it occurs on the eyelids, it can cause them to swell shut.

Treatment includes the following:

- cold compresses
- topical steroid cream or ointment (prescription is best, but OTC Cortisone 10% can be used)
- oral antihistamines such as Claritin, Allegra &/or Benadryl
- avoidance of touching, rubbing, wiping or dabbing
- avoid contact lens wear
- avoidance of any make-up products, lotions, etc.
- avoid sunlight exposure or heat
- gentle daily cleansing with micellar water, Dove soap or equivalent

With the above treatment, you should expect to see improvement within 24 hours. Return to the clinic if signs / symptoms do not improve or if you experience increased redness, pain, swelling, double vision, blurred vision, light sensitivity or ocular discharge.

Please Rate the Information You Received

	☐ Very helpful - all questions are answered ☐ Somewhat helpful - I still have questions ☐ Not helpful – none of my questions were answered
Comments / Questions / Typos:	

Provider Contact Information

Family Eye Care & Pediatric Vision Center, PLLC
Melissa Holliman, OD
David Holliman, OD
Brandon Holliman, OD

1203 N. Eastman Rd
Kingsport, TN 37664
Phone: (423) 274-3321
Fax: (423) 247-3631
FamilyEyecareKingsport@gmail.com
Website: DrHolliman.com