



Cornea - Injury Treatment - Pressure Patch or BCL

The Following Information has been Prepared for You:

Your doctor may have recommended any combination of the treatment options below. Please follow their recommendations carefully:

_____ A pressure patch is to be worn over your eye until the injury heals. The patch should be worn constantly, except for temporary removal for medication instillation. The patch should sit centered on the eye, providing just enough pressure to avoid blinking and make the eye feel more comfortable.

_____ A bandage contact lens is to be worn over your eye until the injury heals. You may use any prescribed medications directly on top of the contact lens. The contact lens will be carefully removed by the doctor at the next exam. It is safe to sleep in this lens. If the lens falls out and you are still in pain, notify your doctor immediately. Otherwise, you can leave the lens out until your next appointment.

_____ Use prescribed eye drop(s) as directed. Some drops used for this purpose may dilate your eye and cause blurred vision up to 48 hours after use.

_____ Use copious amounts of preservative - free artificial tears - about every 2-4 hours, when you are awake.

_____ Protect your eye from sunlight, bright indoor light, wind, dust. Avoid rubbing.

_____ It is recommended to be on bed-rest during healing. Our front desk staff can provide a work / school excuse for you. Avoid operating heavy machinery, climbing ladders, scaffolding, and be very careful on stairs. Your depth perception will be reduced.

_____ Pain can be managed with Tylenol and Advil - alternating them every 4-6 hours. Oral Benadryl may also be used.

Please Rate the Information You Received

	☐ Very helpful - all questions are answered ☐ Somewhat helpful - I still have questions ☐ Not helpful – none of my questions were answered
Comments / Questions / Typos:	

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