



Eyelid Condition - Dermatochalasis & UPNEEQ

The Following Information has been Prepared for You:

Dermatochalasis (aka Blepharochalasis) is an age-related & sometimes hereditary condition that causes drooping eyelids or "hooded" eyes, starting in the forties or later. . Smoking, alcohol consumption, sunlight exposure, sudden weight loss or poor nutrition are predisposing factors. Loss of elasticity of the skin around the eyes causes the upper lids to droop down over the upper eyelashes and, less commonly, the lower lid drop down and outward. In some patients, excess adipose (fat) tissue tends to accumulate in either the upper or lower lids, causing eye "bags."

For many patients, this can be a cosmetic concern. However, it often causes medical complications. The eyelashes may be pushed onto the surface of the eye, causing symptoms of watering, itching, and irritation. Tension headaches can occur around the eyes due to facial muscles overcompensating to lift the lids. This can lead to deep furrowing of the brow and forehead. Peripheral and sometimes central vision is often affected., and is especially noticeable toward the end of the day. When the lower lid is involved, excess dryness and tearing can occur due to disruption of the normal tear flow across the ocular surface.

Your doctor may prescribe an eyedrop called "Upneeq" for daily use to assist contracting the upper lid muscles. At this time, Upneeq is only approved for cosmetic use, so medical insurance plans will not pay for it. You will find more information about this medication below.

Visual fields testing may be ordered to determine the extent of the peripheral vision loss. If peripheral vision is significantly affected, medical insurance and be used to help cover the cost of surgical correction.

After examination and discussion, your doctor may refer you for surgical "blepharoplasty" to remove excess lid tissue, or "frontalis sling" to lift the brows. Tarsorrhaphy is another procedure that helps remove excess tissue from the upper or lower lids, thereby making the lid margin tighter against the ocular surface. Fat tissue can be removed by additional surgical techniques.

UPNEEQ eye drops are for the temporary treatment of Blepharochalasis (Droopy Upper Eyelids). Droopy Lids generally occur due to age-related loss of skin elasticity of the eyelids. It can occur in both upper and lower lids. Use of Upneeq may improve the appearance of upper lid droop in some individuals. It is not clinically indicated for droopy lids caused by nerve damage or congenital cases. However, it may improve the appearance in these conditions.

UPNEEQ is considered a cosmetic product, and may not be covered by your medical insurance plan. It is only sold thru the RVL mail-order pharmacy, in 30 and 90 day supplies. You should receive your prescription for UPNEEQ within 2 to 4 days after payment. You will be sent a tracking number when Upneeq has shipped from RVL Pharmacy. A 30-count package is approximately \$150 (includes shipping / handling), and a 90-count package is \$425 (includes a 30% savings vs the 30-count, shipping / handling). These prices are effective as of 3/23/2023 and are subject to change without notice.

Cost:

Insurances do not reimburse doctors for cosmetic treatment or management. Your doctor will charge a cosmetic consultation fee to cover the time involved in managing your prescription for UPNEEQ.

Use:

Open the vial and apply one drop of Upneeq in each affected eye as directed, once a day in the morning. Discard vial after use.

If you wear contact lenses, remove them before applying UPNEEQ eyedrops. You may re-insert the contacts in 15 minutes.

If more than one topical ophthalmic drug is being used, the drugs should be administered at least 15 minutes between applications.

Precautions:

Patients with high blood pressure, heart disease, low blood pressure, glaucoma, Sjogren's syndrome or those who are taking a certain type of antidepressants (monoamine oxidase inhibitors) should use caution when using UPNEEQ. Notify your doctor if any of these conditions worsen with use.

Do not use UPNEEQ if you are actively recovering from eye surgery.

Do not use UPNEEQ if you are pregnant, nursing, or may become pregnant during use.

Discontinue use if you have a hypersensitivity to any component of the medication.

This drop is not intended for pediatric use.

Side effects:

The most common adverse reactions with UPNEEQ (occurring in 1-5% of patients) were eye inflammation, eye redness, dry eye, blurred vision, eye pain at time of use, eye irritation, and headache

If you have any questions, you can contact RVL Pharmacy at 844-RVL-EYES (844-785-3937).

Please Rate the Information You Received

	☐ Very helpful - all questions are answered ☐ Somewhat helpful - I still have questions ☐ Not helpful – none of my questions were answered
Comments / Questions / Typos:	

Provider Contact Information

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